

## Children's Menu

You know your children better than anyone, which is why we have decided to give you complete control on what they eat for the duration of their holiday.

Pick and choose from the following items to build a menu that not only satisfies your want for a balanced and nutritious diet for your child but is also something that they will actually want to eat!! Please note: The menu selection must be the same for all children in the party for each mealtime.

#### **How it works:**

Pick an item from either the Meat and Fish section, OR the Bakes Pasta and Noodles Section.

Then pick 2 accompaniments if you've chosen Meat or Fish, or 1 accompaniment if it's a Bake.

Finally, pick a dessert to go with the meal!

We work on a 6-day catered week, so you've got 6 different menu creations to play with!

It's as easy as 1, 2, 3....



### **Meat and Fish**

(Choice of 2 accompaniments)

Sausages and gravy
Beef/Cheese/Vege burger
Chicken goujons
Mini Steak
Fish fingers
Steamed Salmon

## Bakes, pasta and Noodles

(Choice of one accompaniment)

Lasagne (Beef or Vege)
Spaghetti Bolognese
Macaroni Cheese
Fishermans pie
Margarita Pizza
Chicken and Veg stirfry





# **Accompaniments**

### Carbohydrates

Chips

Wedges

Mashed potato

Sweet potato wedges

Cous cous

Quinoa

Rice

Plain Pasta

**Garlic Bread** 

**Bread and Butter** 

### **Vegetables**

Just Peas

Steamed green Veg

Sweetcorn

Salad

Carrots

Cauliflower cheese

Crudites

**Battered Onion rings** 

**Baked Beans** 

Mushrooms





Fresh fruit platter
Selection of Ice cream
Chocolate mousse with whipped cream
Apple crumble and custard
Natural/Fruit yogurt with Berries
Chocolate brownie and vanilla ice cream
Fresh fruit salad
Strawberries and cream
Chocolate chip cookies

We've created a table for you to download and fill in with your menu choices for the week, just click on the link on the menu page of our website to find it!!

## This Menu is available for children between the ages of 3 and 14

If your child falls either side of this age range, please give us a call to discuss menus and prices.

Please also let us know at the time of booking if your child has any food allergies, intolerances or severe dislikes, a vegetarian menu is also available on request.

**200**€ per Child per Week