



Pick and choose from the following items to build a menu that not only satisfies your want for a balanced and nutritious diet for your child but is also something that they will actually want to eat!! Please note: The menu selection must be the same for all children in the party for each mealtime.

It's as easy as **1, 2, 3....**

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## Main Meal

<b>Meat and Fish</b> <u>(Choice of 2 accompaniments)</u> Sausages and gravy Beef/Cheese/Vege burger Chicken goujons Mini Steak Fish fingers Steamed Salmon	<b>Bakes, pasta and Noodles</b> <u>(Choice of one accompaniment)</u> Lasagne (Beef or Vege) Spaghetti Bolognese Macaroni Cheese Fishermans pie Margarita Pizza Chicken and Veg stirfry
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## Accompaniments

<b>Carbohydrates</b> Chips Wedges Mashed potato Sweet potato wedges Cous cous Quinoa Rice Plain Pasta Garlic Bread Bread and Butter	<b>Vegetables</b> Just Peas Steamed green Veg Sweetcorn Salad Carrots Cauliflower cheese Crudites Battered Onion rings Baked Beans Mushrooms
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**3**

## **Desserts**

Fresh fruit platter  
Selection of Ice cream  
Chocolate mousse with whipped cream  
Apple crumble and custard  
Natural/Fruit yogurt with Berries  
Chocolate brownie and vanilla ice cream  
Fresh fruit salad  
Strawberries and cream  
Chocolate chip cookies

**We've created a table for you to download and fill in with your menu choices for the week, just click on the link on the menu page of our website to find it!!**

**This Menu is available for children between the ages of 3 and 14**

**If your child falls either side of this age range, please give us a call to discuss menus and prices.**

Please also let us know at the time of booking if your child has any food allergies, intolerances or severe dislikes, a vegetarian menu is also available on request.

**200€ per Child per Week**